

Combined Child And Adolescent Psychoanalytic Fellowship Program and Candidate Seminar

September 11, 2023 – April 8, 2024

****Instructors and Planners**

Fellowship Program and Candidate Seminar:

Mary FitzGerald, LICSW; S. Kalman Kolansky, MD; Justine Kalas Reeves, Psy.D;
Arthur Stein, MD

Chair, WBCP Child and Adolescent Training Program:

Joy Kasset, Ph.D.

Welcome to the Combined Child and Adolescent Psychoanalytic Fellowship Program and Candidate Seminar. This Fellowship Program and Candidate Seminar is intended as an opportunity for clinicians working with children and adolescents and child psychoanalytic candidates to come together around a shared interest in psychodynamic and psychoanalytic approaches to the treatment of children, adolescents and their families. Drawing on a clinical, case-based approach, this course will facilitate discussions of developmental, psychodynamic and psychoanalytic theory and technique. Topics covered may include, but not be limited to, evaluation, psychopathology, parent work, therapeutic action, impasses, working with defenses, play and symbolic expression, and the demands of telehealth. Particular attention will be paid to the specific technical approaches in working with each child, given the stage of development and unique presenting challenges and concerns.

The Candidate Seminar provides an opportunity for all participants to listen to child psychoanalytic case presentations by child candidates in training from the Washington Baltimore Center for Psychoanalysis and the Contemporary Freudian Society. Senior child analysts from both training programs join as presenters and discussants. In addition, each year child and adolescent psychoanalysts from other APsA Institutes are invited to present their work both inside and outside the consulting room.

Many participants in the Fellowship Program and Candidate Seminar work in community mental health settings. Seeing children and adolescents in our consulting rooms is only one of many applications of psychodynamic and psychoanalytic theory and technique and we view community psychoanalysis as equally one of its applications. Case presentations will consist of a balance between children and adolescents who are seen in private practice settings and those who are seen in community mental health

settings, providing opportunities to discuss a wide range of cases and to consider social, cultural and racial diversity.

The course syllabus, for each class, will include two (2) required readings; one reading in child development and a second reading, chosen by the presenter, related specifically to the presentation and discussion. Some presenters may also list other recommended readings. In addition, the syllabus will identify texts, highlighted by the faculty, to facilitate your learning beyond this program. The syllabus will be included on the WBCP website; in addition an extensive list of recommended resources compiled by members of the Association for Child Psychoanalysis, will be included on the website. These resources address issues of diversity in child work and highlight contemporary topics including, but not limited to, race, gender, trauma, violence and loss.

The Fellowship/Seminar will meet for 16 sessions, all on Monday evening from 7:30-9:00 pm, to be held on the following dates, **via Zoom: 09/11; 09/18; 10/02; 10/16; 10/30; 11/13; 11/27; 12/04; 12/18; 1/08; 1/22; 02/12; 02/26; 03/11; 03/25; 04/08.**

General Course Objectives

For each clinical/community presentation, participants will be able to:

1. Describe assessment considerations, treatment recommendations and the evolving psychotherapeutic or psychoanalytic process.
2. Describe the mutative factors (intrapsychic, interpersonal, external, i.e., familial, social, cultural, environmental, etc.), particular to each treatment.
3. List technical considerations, including those relevant to telehealth, regarding the nature and timing of interventions with children and adolescents from various phases of development.
4. Identify the role that diversity plays in the understanding of the therapeutic work between a child and therapist/psychoanalyst.

Specific Class Objectives

Each presenter will identify class objectives organized around the particular case material.

Registration

Registration for the Child and Adolescent Psychoanalytic Fellowship Program/Candidate Seminar is open to all advanced trainees and graduates in Psychiatry, Psychology, Clinical Social Work and Professional Counseling who have an interest in clinical work with children and adolescents. An application review is required prior to registration.

Registration is also open to adult and child candidates and graduate analysts from The Washington Baltimore Center for Psychoanalysis and the Contemporary Freudian

Society (DC Institute). All other WBCP and CFS members interested in participating in the course will need to get permission from the instructors.

Registration after acceptance via the WBCP website is required at www.wbcp.org
For registration assistance, contact the WBCP at
301-470-3635/410-792-8060/202/237-1854
or (kathleen@wbcp.org)

Registration deadline is **Friday, September 8, 2023**

*****Please Note: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.***

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 24 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia.