



Washington Baltimore Center  
for Psychoanalysis, Inc.



## Combined Child And Adolescent Psychoanalytic Fellowship Program and Candidate Seminar

September 13, 2021 – May 09, 2022

### ***\*\*Instructors and Planners***

#### Faculty, Fellowship Program and Candidate Seminar:

S. Kalman Kolansky, MD; Justine Kalas Reeves, PsyD;  
Arthur Stein, MD; Advanced Child Candidate, Mary FitzGerald, LICSW

#### Faculty, Child Fellow Mentorship Program:

Anne Adelman, Ph.D.

#### Chair, WBCP Child and Adolescent Training Program:

Joy Kasset, Ph.D.

Welcome to the Combined Child and Adolescent Psychoanalytic Fellowship Program and Candidate Seminar, jointly offered by the Washington Baltimore Center for Psychoanalysis (WBCP) and the Contemporary Freudian Society (CFS). This Fellowship Program and Candidate Seminar is intended as an opportunity for clinicians working with children and adolescents and child psychoanalytic candidates to come together around a shared interest in psychodynamic and psychoanalytic approaches to the treatment of children, adolescents and their families. Drawing on a clinical, case-based approach, this course will facilitate discussions of developmental, psychodynamic and psychoanalytic theory and technique. Topics covered may include, but not be limited to, evaluation, psychopathology, parent work, therapeutic action, impasses, working with defenses and the demands of telehealth.

Both Candidates and Fellows will be offered the opportunity to present their child and adolescent cases. Particular attention will be paid to the specific technical approaches in working with each child, given the stage of development and unique presenting challenges and concerns. Senior child and adult psychotherapists and psychoanalysts from both the WBCP and the CFS will serve as faculty, discussants and participants.

The course syllabus will include two required readings for each class throughout the Fellowship Program and Candidate Seminar. Each participant in this program will need

to purchase a seminal book entitled *The Technique of Child Psychoanalysis: Discussions with Anna Freud*, by Joseph Sandler, Hansi Kennedy and Robert L. Tyson. The second required reading, relevant to the case presentation, will be assigned by the presenter, in an effort to promote further understanding and discussion. This required reading will be sent to all participants in advance.

We will also provide a list of suggested, more contemporary, readings as recommended by the faculty. In addition, another extensive list of resources will be distributed, compiled by members of the Association for Child Psychoanalysis, that address issues of diversity in child work. These resources will highlight topics that impact those working with children today, including issues around race, gender, trauma, violence and loss, and related issues that affect families.

The Fellowship/Seminar will meet for 16 sessions, all on Monday evening from 7:30-9:00 pm, to be held on the following dates, via Zoom: 09/13; 09/27; 10/04; 10/18; 11/01; 11/15; 12/13; 01/10; 01/31; 02/14; 02/28; 03/14; 03/28; 04/11; 04/25; 05/09.

An optional post-meeting mentorship will be offered to Child Fellows ONLY after each session. This meeting will be run by Dr. Anne Adelman from 9:00-9:30 pm to answer further questions about the case presentation, readings, discussions, among other topics.

### ***General Course Objectives***

For each clinical presentation, participants will be able to:

1. Describe assessment considerations, treatment recommendations and the evolving psychotherapeutic or psychoanalytic process.
2. Describe the mutative factors (intrapsychic, interpersonal, external), particular to each treatment.
3. List technical considerations, including those relevant to telehealth, regarding the nature and timing of interventions with children and adolescents from various phases of development.
4. Identify the role that diversity plays in the understanding of the therapeutic work between a child and therapist/psychoanalyst.

### ***Specific Class Objectives***

Each presenter will identify class objectives organized around the particular case material.

### ***Registration***

Registration for the Child and Adolescent Psychoanalytic Fellowship Program/Candidate Seminar is open to all advanced trainees and graduates in

Psychiatry, Psychology, Clinical Social Work and Professional Counseling who have an interest in clinical work with children and adolescents. An application review is required prior to registration.

Registration is also open to adult and child candidates and graduate analysts from The Washington Baltimore Center for Psychoanalysis and the Contemporary Freudian Society (DC Institute). All other WBCP and CFS members interested in participating in the course will need to get permission from the instructors.

Registration via the WBCP website is required at [www.wbcp.org](http://www.wbcp.org)  
Click here to register: <https://www.wbcp.org/cgi/page.cgi/evtcal.html?evt=589>

For registration assistance, contact the WBCP at  
301-470-3635/410-792-8060/202/237-1854  
or (admin@wbcp.org)

### **Registration deadline is Wednesday September 8, 2021.**

***\*\*Please Note: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.***

**Continuing Medical Education** – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 24 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters for this educational activity have relevant financial relationship(s)\* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.  
*\*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.*  
*-Updated July 2021-*

**Continuing Education – Social Workers** – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

**Continuing Education – Psychologists** – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

**Licensed Professional Counselors** – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia.