November 2, 2018

**Angels and Insects** 1995 (117 min.)

**DIRECTOR:** Phillip Haas  
**DISCUSSANT:** S. Kalman Kolansky, MD, DLFAPA

The chaotic lives of an aristocratic mid-19th-Century British family are subtly contrasted with the well-ordered lives of insects to exemplify the Darwinian aspects of the British Class System in this unusual drama.

**Learning Objectives**
1. Compare and discuss early hints regarding later emerging important themes we observe (or don't observe) in our beginning to watch a serious film or in our beginning to see a new patient.
2. Describe the impact of trauma and defense on creativity.
3. Demonstrate how lifting of repression and denial frees avenues for growth and redemption.

December 7, 2018

**The Light Between Oceans** 2016 (133 min.)

**DIRECTOR:** Derek Cianfrance  
**DISCUSSANT:** Robert Winer, MD

A lighthouse keeper and his wife, who have had several miscarriages, rescue and adopt an infant girl adrift at sea. Years later the couple discovers the child's true parentage and are faced with the moral dilemma of their actions.

**Learning Objectives**
1. Apply Kohlberg's stages of moral development to acts committed by themselves and their patients and distinguish between conventional and post-conventional morality.
2. Contrast the psychological experiences of biological mothers and adoptive mothers with their infants, enabling them to better assist women preparing for various forms of motherhood.
3. Develop ways to help their clients to weigh the meanings of truthfulness and deception in their ongoing relationships with people they are close to.
February 8, 2019

**Crazy Heart**  
2009 (112 min.)

**DIRECTOR:** Scott Cooper

**DISCUSSANT:** Lauri Joseph, LCSW, ATR-BC

A depressed troubled veteran country music singer struggles with alcohol, failed relationships and regret on the road to redemption.

**Learning Objectives**
1. Identify the self-destructive behavior, guilt, regret and depression that are hallmarks of alcoholism.
2. Describe the role a positive relationship plays for a character needing a reason to change.
3. Discuss the potential link between creativity and emotional disorder.

March 8, 2019

**Good Will Hunting**  
1997 (126 min.)

**DIRECTOR:** Gus Van Sant

**DISCUSSANT:** Joan Turkus, MD

A young janitor at MIT has a gift for mathematics but needs help from a psychologist to find direction in his life.

**Learning Objectives**
1. Describe the connection of Will's background to attachment theory, particularly his aggression and difficulty with intimacy.
2. Analyze the factors which shape the development of Will's personality, including his personal history, mathematical genius, and socioeconomic factors.
3. Criticize Sean's relational approach to psychotherapy with Will, including both effectiveness and boundaries.
April 5, 2019

**Fists in the Pocket**  1965 (105 min.)

**DIRECTOR:** Marco Bellocchio

**DISCUSSANT:** Julio Szmuilowicz, MD, FRCPC, DABPN

A young man takes drastic measures to rid his dysfunctional family of its various afflictions.

**Learning Objectives**

1. Explain the differences between redemption and resolution and merely a more pleasant solution to conflicts.
2. Defuse the concept of redemption in a psychoanalytic sense and recognize the differences between true redemption and more defensive and less encompassing self states, particularly reaction formation.
3. Explore the ways in which relationships struggle with and finally achieve a redemptive state, and the stages the participants must go through in order to redeem themselves and create stability and contentment.

May 3, 2019

**Somewhere**  2010 (98 min.)

**DIRECTOR:** Sofia Coppola

**DISCUSSANT:** Cindy Bollman, PhD

The ex-wife of a bad-boy actor recovering from an injury at Beverly Hills' famed Chateau Marmont suffers a breakdown and goes away. He receives a visit from his young daughter, who has a way of inserting herself into his daily routine. Though his mind is not on parenting, the two bond, forcing him to reexamine their relationship and his life of excesses.

**Learning Objectives**

1. Identify behaviors that can be considered manic behaviors.
2. Describe the difference between true self and false self.
3. Identify behaviors that would demonstrate the paranoid-schizoid position versus the depressive position.
Psychoanalytic Takes on the Cinema

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