Psychoanalysis, Creativity and the Arts Program

Seminar
“Winnicott’s Theories on Creativity”

Collaborative reading and discussion of D.W. Winnicott’s book
Playing and Reality

Moderator: Rosa Aurora Chavez, MD, PhD

Wednesday, October 25, 2017
7:00-8:30 p.m.
5335 Wisconsin Avenue, NW
Suite 440 conference room
Washington, DC 20015

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**Presentation:** In his book *Playing and Reality*, the brilliant British psychoanalyst D. W. Winnicott provides valuable insights about the origins of creativity and how we can develop it in ourselves and in others. Through the attuned nurturing of creativity from the earliest years individuals become able to enjoy an internally rich and rewarding existence.

**Who should attend?**
Mental health providers and scholars interested in creativity and psychoanalysis.

**Moderator:** Rosa Aurora Chavez, MD, PhD, is a psychoanalyst in private practice, Chair of the Psychoanalysis, Creativity and the Arts Program, Washington Baltimore Center for Psychoanalysis Clinical, and Associate Clinical Professor of Psychiatry and Behavioral Sciences at George Washington University. Dr. Chavez studied creative writing at the School of Writers, General Society of Writers of Mexico. She received her Medical Degree, Psychiatry Residency, Masters in Clinical Research, and PhD in Medical Sciences, focusing on Creativity, at the National Autonomous University of Mexico, and the National Institute of Psychiatry Ramon De la Fuente in Mexico City. Dr. Chavez was Visiting Scholar at the Torrance Center for Creative Studies at the University of Georgia (UGA), and postdoctoral fellow at Emory University. Dr. Chavez is a board certified psychoanalyst graduated from the Washington Center for Psychoanalysis.

Dr. Chavez has taught at the Johns Hopkins University, the Washington Center for Psychoanalysis, The George Washington University, and the China-American Psychoanalytic Alliance. Dr. Chavez has presented her research at international forums including: the American Psychiatric Association; the Human Genome Organization; the University of Liege, Belgium; the Institute of Neuroesthetics; the University of California at Berkeley; the Torrance Lecture at the UGA; the National Institute of Psychiatry “Ramon de la Fuente” in México; the University of Maine; the European Commission, part of the Executive Branch of the European Union; the biennial for performing arts in Sweden; and received favorable reviews at Lancet and the Washington Post. Dr. Chavez served at the Maryland State Department of Education Council for Gifted and Talented. Currently, she is a member of the International Creativity Collaborative at UGA which reunites Creativity Experts around the world. She is part of the Editorial Board of the International Journal of Creativity and Human Development. Dr. Chavez serves on the Board of Directors at The Washington Baltimore Center for Psychoanalysis.

**Purpose of the Psychoanalysis, Creativity and the Arts Program:**
- Increase the knowledge about the intrapsychic and interpersonal processes that make creativity possible.
- Develop skills to be able to identify and foster these processes in our own clinical performance.
- Develop multiple ways to contribute to the understanding and appreciation of art from psychoanalytic perspectives.
- Develop strategies to convey these psychoanalytic insights to the general public.
- Develop new ways in which art can expand our understanding of psychoanalysis and enrich our practices and our lives.

**Objectives of the Seminar: Participants will be able to:**
- identify the importance of play in the creative process.
- describe psychic reality, external reality, and the third potential space between mother and baby where play and creativity become possible.
- identify the importance of play for clinical work.
Registration: Pre-registration is required via BWCPP website - www.bwanalysis.org. For registration assistance, contact the WBCP at 301-470-3635/ 410-792-8060/ 202-237-1854 or (admin@bwanalysis.org)

Registration:

No registration fee for BWCPP Voting Members and WCP Full /Life /Active Life Members

Other Members and Non-Members: $30

Registration deadline: October 20, 2017

CE Information:

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1.5 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1.5 continuing education units.

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia.