



Washington Baltimore Center
for Psychoanalysis, Inc.

Introduction to Couple and Family Therapy Core Concepts June 2018

Sponsored by

**The Contemporary Psychoanalytic Couple and Family Therapy
Training Program**

Course Overview

This introductory experience is designed to expose clinicians already skilled in psychotherapy or psychoanalytic practice to working deeply with couples and families. It is also an opportunity for those skilled in working with couples and families in other theoretical modalities who want to explore a psychoanalytic approach. The core concepts participants will get exposure to including projective identification, basic unconscious assumptions, marital fit, and therapist countertransference. Each of the three classes contains a combined group discussion of a pre-circulated paper(s) followed by observing a taped interview of a family and a couple. Even if clinicians only want to focus on working with couples, seeing the projective process in observing a family taped interview strengthens learning for both modalities of therapy. The class size will be limited to foster discussion. Further training opportunities will also be addressed. This is a great opportunity to explore a way to consider expanding one's expertise and practice.

Objectives – Participants will be able to:

1. describe an example of unconscious family assumptions and how it applies to organizing couple/family therapy material.
2. describe projective identification and how it applies to interpreting couple/family therapy material.
3. describe the how to use countertransference to consider how it may inform understanding the couple/family.
4. describe one technique helpful in the treatment of couples/families.

When

Tuesday, June 5, 12, 19 from 7:00 pm -9:00 pm

Where

Washington Center for Psychoanalysis
2012 L Street, N.W., Suite 600, Washington, D.C. 20037

Cost

\$Free for “Full” Center Members, PSP students, Candidates and “Active Life” and “Life” Members
\$150 for Center Friends and Corresponding members
\$200 for non-member clinicians

To Register

Questions: Contact Linda Grey 703 533-1359 or Lgrey01@aol.com

Faculty

Linda Grey, MSN, is a psychoanalyst in private practice in Falls Church, Virginia, where she treats individuals, couples, and families. She is Chair of the Contemporary Couple and Family Therapy Training Program. She is a faculty member in the Psychoanalytic Studies Program and the Washington Psychoanalytic Institute at the Washington Baltimore Center for Psychoanalysis.

Carolyn Ratner-Fitzgerald, JD, PsyD, is in private practice in Alexandria, Virginia where she treats individuals and couples. She is a graduate of the Contemporary Psychoanalytic Couple and Family Therapy Training Program. She is an advanced psychoanalytic candidate at the Washington Baltimore Center for Psychoanalysis.

Continuing Education: 6 Credits

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia.

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