



Washington Baltimore Center
for Psychoanalysis, Inc.

Clinical Psychotherapy Program

Please join us as

Raquel Carrera, LCPC, presents
“Happy Friday!” The False Self, Revealed in a Young Adult's
Pronouncement of Cheer and Other Transference Reactions

Sunday, January 31, 2021

9:30 am-12:30 pm Presentation and Discussion

Via Zoom

Presenter: Raquel Carrera, LPC, is a graduate of the Washington Baltimore Center for Psychoanalysis. Her practice focuses on providing psychodynamic psychotherapy to GenZ and Millennials. Her experience working in schools, inpatient hospitals, outpatient community clinics, and private practice has trained her to understand the particular needs of young adults in various settings. Moreover, she has worked in a program designed specifically to help young adults impacted by symptoms of psychosis/schizophrenia. Raquel enjoys working with young patients facing challenges around transitions/adjustments, and individuation/separation. She is bilingual in English and Spanish.

Presentation: Raquel Carrera’s presentation will illustrate the fundamental tenet of transference and a unique symptom of true/false self. The learning objectives for this presentation make clear the content, the identification and description of the importance of the “false self. “This concept is discovered within the therapeutic relationship with emphasis on the transference. Participants will be equipped with information to analyze and describe the particular characteristics of transference and countertransference working with a young adult.

Like Us on Facebook!  facebook.com/washbaltocenterforpsychoanalysis

Who should attend?

Practicing clinicians of all disciplines.

Purpose of the Program:

- Group discussions encourages participants to hear the views and experiences of others in an informal setting allowing an open exchange of treatment and theoretical perspectives.
- Promote peer interaction with therapists from a variety of clinical settings and mental health disciplines in the community.
- Provide a way to reach those in the mental health community who are seeking opportunities to learn from and with experienced peers.

Objectives - Participants will be able to:

1. identify, explain and describe the importance of the “false self” discovered within the therapeutic relationship.
2. describe and analyze the particular characteristics of transference and countertransference when working with a young adult.
3. describe the language, affect and self-awareness of the patient.

Format of the Program:

- A case will be presented and discussed.
- A group discussion in an informal setting will follow the case presentation.

The Clinical Psychotherapy Program will employ the educational strategy of a case presentation. This entails discussion of specific therapy sessions. For example, the clinical presenter will describe the language, affect and self-awareness of the patient. Group discussion encourages participants to hear the views and experience of others in an informal setting thus allowing an open exchange of treatment and theoretical perspectives.

References:

Dorpat, T. (1999). Inauthentic Communication and the False Self. *Psychoanalytic Review*, 86 (2), 209-222.

Daehnert, C. (1998). The False Self as a Means of Disidentification: A Psychoanalytic Case Study. *Contemporary Psychoanalysis*, 34: 251-271.

<https://doi.org/10.1080/00107530.1998.10746361>

Winnicott, D.W. (1969). The Use of an Object and Relating Through Identifications. In: *Playing and Reality*. Tavistock, 1971, pp. 86-94.

Registration:

Pre-registration is required via WBCP website -www.wbcp.org. For registration assistance, contact the WBCP at 301-470-3635 / 410-792-8060 / 202-237-1854 or (admin@wbcp.org)

Like Us on Facebook!  facebook.com/washbaltocenterforpsychoanalysis

Registration Fees:

WBCP members	\$40 (3CME/CE)
Non WBCP members	\$50 (3CME/CE)
WBCP students (PSP and Candidates) and CFS students no fee (3 CME/CE)	
WBCP Current Fellows	\$40 (3 CME/CE)
WBCP Current Fellows	no fee (no CME/CE)

ALL FEES ARE NON-REFUNDABLE

CE Information:

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia.

Program Co-Chairs

Bonnie Gallagher, MSW

Kathleen Evans, RN