



Washington Baltimore Center
for Psychoanalysis, Inc.

Clinical Psychotherapy Program

Please join us as

Joy Kasset, PhD, and Begoña Cortina, LICSW, present
“Applying Psychoanalytic Thinking in Community Mental Health Settings”

Sunday, January 30, 2022

Via Zoom – live, real time, interactive

9:30 am – 12:30 pm ET
Presentations and Discussion (3 hours)

Who should attend?

Practicing clinicians of all disciplines interested in psychodynamic theory, practice and perspectives.

Presentation and Format: This three-hour presentation will be divided up into two parts. There will be two clinical presentations and time for an interactive group discussion.

The first presentation, with Joy Kasset, PhD, will focus on organizational group work where the application of psychoanalytic thinking was utilized in the development of a center-wide model of residential care, with its focus on trauma, strengths and development, all in the context of a reflective approach.

The second presentation, with Ms. Cortina, will focus on individual clinical work, in a community school based mental health program. Each presentation will illustrate the usefulness of adapting psychoanalytic thinking to community mental health programs, as well as the challenges.

Presenter: Dr. Kasset will present her organizational work in the community, serving the staff in a residential program for young mothers and their children, with the goal of facilitating a secure attachment and thereby disrupting the transgenerational impact of trauma. Joy Kasset, Ph.D. is the Chair of the Child and Adolescent Training Program and the Co-Chair of the Community Outreach Study Group at the Washington Baltimore Center for Psychoanalysis. She is also on the clinical faculty at The George Washington University, Howard University and Washington School of Psychiatry. Dr. Kasset serves as a Clinical Consultant for St. Ann’s Center for Children, Youth and Families, a residential program for teen mothers and homeless mothers, in transition. In addition to her psychology degree, she earned certificates in adult, child and adolescent psychoanalysis and has a private practice in NW, DC.

Presenter: Begona Cortina, LICSW, will present her work in the community as a school based mental health therapist at the Mary’s Center. The mission of this school based mental health team is to break barriers to mental health access for teens and families that otherwise struggle to get services. Multiple examples of clinical work with acutely traumatized populations, informed by psychoanalytic thinking will be discussed. Begona Cortina, LICSW is a Clinical Social Worker and a graduate of the Psychoanalytic Studies Program (PSP) at the Washington Baltimore Center for Psychoanalysis. Previously, working at the Mary’s Center, a community health care center, as a school-based mental health therapist throughout several urban schools in Washington DC. Ms. Begona has worked extensively with individuals overcoming complex trauma, human trafficking, and community/gang violence. She has done extensive work with unaccompanied immigrant minors, supporting them in the process of reunification and assisting their families to get services in the

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community. Begona is originally from the Basque Country, Spain and before becoming a therapist, was a TV correspondent in the UK, Spain and Washington DC. Begona has a private practice in Bethesda, Maryland, and commits herself to offering services to the community on a pro-bono basis.

Purpose of the Program:

- Group discussions encourage participants to hear the views and experiences of others in an informal setting allowing for an open exchange of treatment and theoretical perspectives.
- Promote peer interaction with therapists from a variety of clinical settings and mental health disciplines in the community.
- Provide a way to reach those in the Washington, DC area mental health community who are seeking opportunities to learn from and with experienced peers.

Objectives: Participants will be able to:

1. Identify ways to introduce and apply psychoanalytic thinking in community mental health settings where the staff brings a wide range of backgrounds and experiences in their roles.
2. Describe how the psychoanalytic concept of defense can be useful in understanding systemic issues in community settings.
3. Describe dilemmas that arise in establishing a frame and boundaries in clinical work in schools and other community settings

Required reading:

Selma Fraiberg; Edna Edelson; Vivian Shapiro. (1976) "Ghosts in the Nursery: A Psychoanalytic Approach to the Problems of Impaired Infant-Mother Relationships" *Journal of the American Academy of Child Psychiatry*. XIV, 45-61

For a pdf, go online and search by title "Ghosts in the Nursery: A Psychoanalytic Approach to the Problems of Impaired Infant-Mother Relationships"

For an abstract of the reading and a log in button to PEP-WEB, use the link below

[\(1976\). Journal of the American Academy of Child Psychiatry. XIV, 1975: Ghosts in the Nursery: A Psychoanalytic Approach to the Problems of Impaired Infant-Mother Relationships. Selma Fraiberg; Edna Edelson; Vivian Shapiro. Pp. 387-421.. Psychoanal Q., 45:651.](#)

References:

González, F and Peltz, R (2021) Community Psychoanalysis: Collaborative Practice as Intervention, *Psychoanalytic Dialogues*, 31:4, 409 <https://doi.org/10.1080/10481885.2021.1926788>

Koh, E. Twemlow, S. (2016). Towards a Psychoanalytic Concept of Community (II): Relevant Psychoanalytic Principles. *Int. J. Appl. Psychoanal. Stud.*, 13(2):124-141. <https://doi.org/10.1002/aps.1426>

Altman, N. (2015) *Psychoanalysis in Times of Accelerating Cultural Change: Spiritual Globalization* New York and London: Routledge. Ch. 6 <https://doi.org/10.4324/9781315719337>

Sadler, L.S.:Slade, A: Close, N: Webb, D.L: Simpson, T: Fennie. K.& Mayes, L.C. (2013). Minding the Baby: Improving early health and relationship outcomes in vulnerable young families in and interdisciplinary reflecting parenting home visiting program. *Infant Mental Health Journal*, 34: 391-405. <https://doi.org/10.1002/imhj.21406>

Berthelot, N: Ensink, K: Bernazzani, O: Normandin, L: Luyten, P: Fonagy, P. (2015). Intergenerational transmission of attachment in abused and neglected mothers: The role of trauma-specific reflective functioning. *Infant Mental Health Journal*, 36: 200-12. <https://doi.org/10.1002/imhj.21499>

Registration:
<https://www.wbcp.org/cgi/page.cgi/evtcal.html?evt=661>

Pre-registration is required via WBCP website-www.wbcp.org. For registration assistance, contact the WBCP at 301-470-3635 / 410-792-8060 / 202-237-1854 or (admin@wbcp.org)

REGISTRATION DEADLINE: January 26, 2022

Registration Fees:

WBCP members	\$45 (3 CME/CE)
Non WBCP members	\$60 (3 CME/CE)
WBCP PSP and Candidates	No fee (3 CME/CE)
WBCP's Fellowship Program Participants (2021-2022)	\$60 (3 CME/CE)
WBCP's Fellowship Program Participants (2021-2022)	No fee (NO CME/CE)
GW Psychiatric Residents and PsyD students	No fee (3 CME/CE)

ALL FEES ARE NON-REFUNDABLE

CE Information: Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3.0 AMA PRA Category 1 Credit(s) TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. * *Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.* Updated July 2021

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Continuing Education – Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia.

Bonnie Gallagher, MSW, Program Chair