



**Baltimore Washington Center
for Psychotherapy and
Psychoanalysis**



Baltimore Washington Center for Psychotherapy and Psychoanalysis, Inc.

joins

Inspirit Counseling Services

Baltimore Psychoanalytic Case Conference

Please join us as

Allan Gold, MD

presents and discusses

**“Establishing and Maintaining Focus in
Psychotherapy Sessions”**

Friday, March 24, 2017

9:00-9:30 a.m. Continental Breakfast

9:30-11:00 a.m. Presentation and Discussion

at

Grace United Methodist Church

5407 North Charles Street

Baltimore, MD 21210

The Psychoanalytic Case Conference meets on the 4th Friday of each month,

Visit www.bwanalysis.org

Like Us on Facebook!  facebook.com/BWAnalysis

Presenter: Allan Gold, MD, is a psychoanalyst and psychiatrist in private practice, has a longtime interest in working with dreams, trauma, and attachment. He recently completed trainings in Somatic Experiencing and Intensive Short-Term Dynamic Psychotherapy.

Presentation: Free association, the cardinal rule of psychoanalysis, opens an uncharted tangle of small talk, daily details, pressing concerns, and unexpected pathways into the patient's unconscious. As if stepping out into an old city, the adventure begins.

And yet, the secret places that hold potential for engagement, healing, and transformation are hidden, and we find ourselves in frustrating detours and numerous cul-de-sacs. Too often, disappointment ensues with waning enthusiasm and motivation for client and therapist towards initial hope for change.

How does a therapist structure the session to overcome the obstacles of the client's resistance? How do we combine free association with interventions in the initial session, and subsequently make discoveries that are timely and that mobilize energy, excitement, and momentum towards a successful outcome?

Dr. Gold will discuss the importance of setting up a realistic focus for the work of a psychotherapy session; how doing so establishes consensus and successful paths of inquiry. He will give examples of interventions that work against and overcome the common unconscious defenses and resistances towards the therapist's help and the client's potential for change.

Objectives of the Case Conference: Participants will be able to:

1. discuss the necessity for having a focus given the layers of hypocrisy that arise from internal and external "cultures" of secrecy in response to shame, hidden trauma, and attachment failures.
2. describe the characteristics of a psychological problem that the patient wants help with.
3. differentiate the patient's responses of feeling, anxiety, or defense that block the way to establishing a focus on a problem.
4. describe initial strategies for addressing feeling, anxiety, or defense to further the establishment of a therapeutic focus.
5. evaluate when therapist and the client have established a problem to work on.
6. utilize an example of the problem to maintain the focus and alliance in the work.

Who should attend? Psychiatrists, psychologists, clinical social workers, clergy and persons with an interest in psychodynamic and psychoanalytic thinking and application.

Purposes of the Case Conference:

- To enhance interest in advancements in modern clinical theory and technique.
- To better integrate clinical experience through dialogue with colleagues.
- To develop a clinical community and network.
- To apply the insights of psychoanalysis to case material from a variety of clinical settings.

Format of the Case Conference:

- A question and answer period will follow the case presentation.

Registration:

Pre-registration is required via BWCPP website -www.bwanalysis.org only if you wish to receive a CME/CE certificate through BWCPP. For registration assistance, contact the BWCPP staff at 301-470-3635 / 410-792-8060 or (admin@bwanalysis.org).

- Registration deadline, Friday, March 24, 2017

Registration:

- There is no registration charge for this conference.
- There is no CE charge for LCSWs/LGSWs who will receive CEs from Inspirit Counseling Services.
- Physicians and Psychologists who wish to receive CME/CEs from BWCPP are charged \$25-per-hour (\$37.50 for this conference) unless they are dues-paying members of the Baltimore Washington Center for Psychotherapy and Psychoanalysis.

ALL FEES ARE NON-REFUNDABLE

CE Information:

Physicians - This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and Baltimore Washington Center for Psychotherapy and Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Social Workers - The Baltimore Washington Center for Psychotherapy and Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

Psychologists -



The Baltimore Washington Center for Psychotherapy and Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Baltimore Washington Center for Psychotherapy and Psychoanalysis, Inc. maintains responsibility for this program and its content.



The Baltimore Washington Center for Psychotherapy and Psychoanalysis, Inc. is accredited by the Accreditation Council for Psychoanalytic Education (ACPEinc).

Inspirit Counseling Services, Inc. has been certified as a continuing education provider by the Maryland Board of Social Work Examiners. This activity qualifies for 1.5 category 1 contact hours.

Inclement Weather Policy

Please contact Peter Smith, PhD, at 410-433-8861, Ext. 125 for a message about Case Conference cancellations due to inclement weather. He will put a message on his answering machine by 6:45 am on the day of the Case Conference if it has been cancelled.

Contact Persons: Amy Urdang, LCPC, 410-889-0800
Peter Smith, PhD, 410-433-8861, Ext 125

I/Bal Case Conf March 2017

Like Us on Facebook! facebook.com/BWAnalysis