



Washington Baltimore Center
for Psychoanalysis, Inc.



Contemporary
Freudian Society

Washington Area Case Conference

Co-sponsored by

Washington Baltimore Center for Psychoanalysis
and
Contemporary Freudian Society

Please join us as

Angeline Pham, MD, and Crystal Han, MD
present and discuss

**It's Not Easy Being Yellow: Anti-Asian Racism and Themes
from Asian American & Pacific Islander Student Groups**

Friday, December 10, 2021

12:15-2:15 pm

Presentation and Discussion

Via Zoom

Zoom meeting link will be sent one day before the event.

IMPORTANT NOTE ABOUT CAMERA SETTINGS: *We understand that during these challenging times, having your camera on may be difficult due to personal circumstances. In order to maintain confidentiality of clinical material, participants must be in attendance with cameras on during the entire case conference. If you need to leave the meeting, you are welcome to return when you are able to turn your camera on.*

Visit www.wbcp.org

Like WBCP on Facebook!  <https://www.facebook.com/WBCPsa>

CFS on Facebook: <https://www.facebook.com/ContemporaryFreudianSocietyNYDC>

CFS on Twitter: <https://twitter.com/CFSNYDCAdm1n>

Presenters:

Dr. Angeline Pham is a fourth-year psychiatry resident and member of the Gold Humanism Honor Society at the University of Maryland. She graduated summa cum laude from Saint Bonaventure University where she received a Bachelor of Science degree in Biology. She went on to complete medical school at The George Washington University as part of the BS/MD combined degree program. Her interests include cultural psychiatry, minority mental health, and forensics. She will be starting her forensics psychiatry fellowship at Yale University next year upon completing her psychiatric residency training. She is particularly interested in asylum and refugee mental health.

Dr. Crystal Han is currently a second-year child and adolescent psychiatry fellow at the University of Maryland/Sheppard Pratt. She completed her BA at Cornell University and received her MD at the University at Buffalo School of Medicine. She completed her psychiatry residency at the University of Maryland/Sheppard Pratt adult psychiatry residency program. Her academic interests include cultural psychiatry, the Asian American transitional aged youth population and psychotherapy. She is a recipient of the American Psychiatric Association SAMHSA Minority Fellowship. She is also a student in the Washington Baltimore Center for Psychoanalysis Psychoanalytic Studies Program.

Presentation:

In this presentation, Drs. Han and Pham will give an overview of the history of Asian American and Pacific Islander (AAPI) racism in the United States, and as it relates to ongoing anti-Asian racism and microaggressions in the present day. They will define and discuss microaggressions specific to the AAPI community, as well as ways to respond to them. Lastly, they will share themes from AAPI student groups that they have facilitated for the past year.

Who should attend?

The case conference is extended to members of the Washington Baltimore Center for Psychoanalysis and the Contemporary Freudian Society. We also welcome psychoanalysts, psychiatrists, psychologists, social workers, licensed counselors, mental health students, and other mental health providers from the Washington Baltimore metropolitan area interested in psychoanalytic theory, practice and perspectives.

Purpose of the Case Conference:

The purpose of the conference is to inform clinicians working with a range of client populations; to promote peer interaction with therapists from a variety of clinical settings and mental health disciplines in the community; to provide a way to reach those in the Washington mental health community who are seeking opportunities to learn from and with experienced peers.

Objectives of the Case Conference: Participants will be able to:

1. Identify historical examples of anti-racism and its manifestations in the present day.
2. Discuss microaggressions as they relate to anti-Asian racism.
3. Describe common experiences and challenges shared by Asian American and Pacific Islander transitional aged youth.

Format of the Case Conference:

A prepared presentation with clinical illustrations will be discussed from a variety of theoretical points of view. A questions and answer period is included. Drs Han and Pham are Psychiatrists completing Child Fellowship and Residency training at The University of Maryland. They have

Like WBCP on Facebook!  <https://www.facebook.com/WBCPsa>

CFS on Facebook: <https://www.facebook.com/ContemporaryFreudianSocietyNYDC>

CFS on Twitter: <https://twitter.com/CFSNYDCAdm1n>

been leading a group composed of Asian American and Pacific Islander students. They have published and/or presented on the topic of Anti-Asian Racism.

Statement on Confidentiality

The Washington Baltimore Center for Psychoanalysis is committed to ensuring the confidentiality of all clinical information and material related to patients and treatment.

To that end:

- I agree to follow the WBCP policy to maintain ethical and professional standards to ensure confidentiality
- I will not discuss or convey outside of the program any clinical material, nor record said material.
- I will maintain a secure environment so that only I will be privy to the presentation.
- If I suspect that I recognize the identity of the patient(s), I will leave immediately

References:

1. Kirmayer LJ, Jarvis GE. Culturally Responsive Services as a Path to Equity in Mental Healthcare. *Healthc Pap.* 2019; 18 (2) :11-23. <https://doi.org/10.12927/hcpap.2019.25925>
2. SAMHSA, Han B, *et al.* Center for Behavioral Health Statistics and Quality, Receipt of Services for Behavioral Health Problems: Results from the 2014 National Survey on Drug Use and Health. In: National Survey on Drug Use and Health. <https://www.samhsa.gov/data/sites/default/files/NSDUH-DR-FRR3-2014/NSDUH-DR-FRR3-2014/NSDUH-DR-FRR3-2014.htm> 2015. Access July 2021
3. The Lancet. Racism in the USA: ensuring Asian American health equity. *Lancet.* 2021; 397 (10281) :1237. [https://doi.org/10.1016/S0140-6736\(21\)00769-8](https://doi.org/10.1016/S0140-6736(21)00769-8)

***Registration: Pre-registration is required via WBCP website:
<https://www.wbcp.org/cgi/page.cgi/evtcal.html?evt=658>***

For registration assistance, contact the WBCP at 301-470-3635 / 410-792-8060 / 202-237-1854 or (admin@wbcp.org)

Registration deadline: Wednesday, December 8, 2021

Tuition Rates: single conference

CME/CE Credit

- Members of sponsoring organizations – (WBCP and CFS)
\$45 (2 CME/CE credits)
- Non-Members
\$60 (2 CME/CE credits)
- WBCP students (PSP students and Institute candidates)
No Charge (2 CME/CE credits)
- Other students (Non WBCP students)
\$22 (2 CME/CE credits)

ALL FEES ARE NON-REFUNDABLE

CE Information:

Like WBCP on Facebook!  <https://www.facebook.com/WBCPsa>

CFS on Facebook: <https://www.facebook.com/ContemporaryFreudianSocietyNYDC>

CFS on Twitter: <https://twitter.com/CFSNYDCAdm1n>

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

** Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company. Updated July 2021*

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units. (Please note the Leon Levin Psychoanalytic Film Series and Psychoanalytic Takes on the Cinema qualify for Category 2 continuing education units.)

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia.

Judith Chertoff, MD **Lizbeth Moses, PhD** **Aimée Nover, PhD**
301-230-1955 **301-767-9842** **301-229-2090**