



Washington Baltimore Center  
for Psychoanalysis, Inc.



Contemporary  
Freudian Society

## ***Washington Area Case Conference***

Co-sponsored by

Washington Baltimore Center for Psychoanalysis  
and  
Contemporary Freudian Society

**Please join us as**

Raquel Carrera, LPC, LCPC  
presents

**“Tough Love”: Dissociated Aggression, Trauma and Re-  
Integration with an Adolescent**

Friday, November 12, 2021

**12:15-2:15 pm**

Presentation and Discussion

### **Via Zoom**

*Zoom meeting link will be sent one day before the event.*

**IMPORTANT NOTE ABOUT CAMERA SETTINGS:** *We understand that during these challenging times, having your camera on may be difficult due to personal circumstances. In order to maintain confidentiality of clinical material, participants must be in attendance with cameras on during the entire case conference. If you need to leave the meeting, you are welcome to return when you are able to turn your camera on.*

Visit [www.wbcp.org](http://www.wbcp.org)

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CFS on Facebook: <https://www.facebook.com/ContemporaryFreudianSocietyNYDC>  
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**Presenter:**

Raquel Carrera, LPC, LCPC, NCC, (she/her) is a Board Certified, Licensed Professional Counselor providing psychodynamic psychotherapy to GenZ's and Millennials, in Maryland and Washington, DC. Raquel is a graduate of the Washington Baltimore Center for Psychoanalysis Psychoanalytic Studies Program. Her experience includes working in a variety of settings such as schools, inpatient hospitals, outpatient community clinics, and currently in private practice. Raquel enjoys working with patients facing challenges around life transitions, and individuation-separation.

**Presentation:**

This presentation will illustrate working with an adolescent traumatized by parental aggression and bullying that was covered over and misnamed. The clinical material follows the patient's movement throughout treatment starting with drawing, acting out, wordless dread, and painful bodily sensations, to finding language for her own aggressive feelings, and working through dissociated, internalized guilt of the parent(s).

**Who should attend?**

The case conference is extended to members of the Washington Baltimore Center for Psychoanalysis and the Contemporary Freudian Society. We also welcome psychoanalysts, psychiatrists, psychologists, social workers, licensed counselors, mental health students, and other mental health providers from the Washington Baltimore metropolitan area interested in psychoanalytic theory, practice and perspectives.

**Purpose of the Case Conference:**

The purpose of the conference is to inform clinicians working with a range of client populations; to promote peer interaction with therapists from a variety of clinical settings and mental health discipline in the community; to provide a way to reach those in the Washington mental health community who are seeking opportunities to learn from and with experienced peers.

**Objectives of the Case Conference: Participants will be able to:**

1. Identify and describe ways the parent's dissociated aggression and guilt has been internalized in the adolescent and was re-integrated through the therapeutic relationship.
2. Analyze and discuss transference and countertransference experiences when working with a traumatized adolescent.

**Format of the Case Conference:**

- A prepared psychotherapeutic or psychoanalytic case will be presented and discussed from a variety of theoretical points of view.
- A question and answer period will follow the case presentation.

**Statement on Confidentiality**

The Washington Baltimore Center for Psychoanalysis is committed to ensuring the confidentiality of all clinical information and material related to patients and treatment.

To that end:

- I agree to follow the WBCP policy to maintain ethical and professional standards to ensure confidentiality
- I will not discuss or convey outside of the program any clinical material, nor record said material.
- I will maintain a secure environment so that only I will be privy to the presentation.
- If I suspect that I recognize the identity of the patient(s), I will leave immediately

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## **References:**

**Nissim-Sabat, M.** (2013). Parental Bullying, Aggression, and Assertion: A Philosophical and Psychoanalytic Revisioning of Frank Summers' Case of Anna. *Psychoanal. Inq.*, 33(2):153-165  
<https://doi.org/10.1080/07351690.2013.764708>

**Schimmenti, A. and Caretti, V.** (2016). Linking the Overwhelming with the Unbearable: Developmental Trauma, Dissociation, and the Disconnected Self. *Psychoanal. Psychol.*, 33(1):106-128  
<https://doi.org/10.1037/a0038019>

**Novick, K.K. and Novick, J.** (2013). Concurrent Work with Parents of Adolescent Patients. *Psychoanal. St. Child*, 67:103-136  
<https://doi.org/10.1080/00797308.2014.11785491>

**Registration:** Pre-registration is required via WBCP website:

<https://www.wbcp.org/cgi/page.cgi/evtcal.html?evt=652>

For registration assistance, contact the WBCP at 301-470-3635 / 410-792-8060 / 202-237-1854 or ([admin@wbcp.org](mailto:admin@wbcp.org))

**Registration deadline: Wednesday, November 10, 2021**

## **Tuition Rates: single conference**

### CME/CE Credit

- Members of sponsoring organizations – (WBCP and CFS)  
\$45 (2 CME/CE credits)
- Non-Members  
\$60 (2 CME/CE credits)
- WBCP students (PSP students and Institute candidates)  
No Charge (2 CME/CE credits)
- Other students (Non WBCP students)  
\$22 (2 CME/CE credits)

## **ALL FEES ARE NON-REFUNDABLE**

### **CE Information:**

**Continuing Medical Education** – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters for this educational activity have relevant financial relationship(s)\* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

\* *Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company. Updated July 2021*

**Continuing Education – Social Workers** – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units. (Please note the Leon Levin Psychoanalytic Film Series and Psychoanalytic Takes on the Cinema qualify for Category 2 continuing education units.)

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**Continuing Education – Psychologists** – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

**Licensed Professional Counselors** – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia.

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