



Washington Baltimore Center  
for Psychoanalysis, Inc.



Contemporary  
Freudian Society

## ***Washington Area Case Conference***

Co-sponsored by

Washington Baltimore Center for Psychoanalysis  
and  
Contemporary Freudian Society

**Please join us as**

Doris Snow, PhD  
presents and discusses

**A Couple's Impasse**

**Friday, May 14, 2021**

12:15-2:15 p.m. Presentation and Discussion

**Via Zoom**

*Zoom meeting link will be sent one day before the event.*

**IMPORTANT NOTE ABOUT CAMERA SETTINGS:** *We understand that during these challenging times, having your camera on may be difficult due to personal circumstances. In order to maintain confidentiality of clinical material, participants must be in attendance with cameras on during the entire case conference. If you need to leave the meeting, you are welcome to return when you are able to turn your camera on.*

Visit [www.wbcp.org](http://www.wbcp.org)

Please see reverse side for more information.

**Presenter:** Presently **Dr. Doris Snow** has completed her 40<sup>th</sup> year as a consultant in the Child Psychiatry Department at Walter Reed Hospital. In addition she taught Family Therapy for 25 years at Catholic University in Washington, DC where she completed her PhD in 1988. She has taught sessions in Family Therapy at Georgetown University's Psychiatry Department and at

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Children's Hospital, DC. Through the Creativity and Madness conference, she has given papers in Greece, Hawaii, and Bali. More travel has taken her recently to New Zealand, Antarctica and Greenland. In 1990-1994 she visited Russia four times and helped introduce Family Therapy to students at Moscow State University. Since 1984 she has been in private practice in Reston, Virginia.

**Presentation:** The presentation will draw from a number of theories: object relations, systems, emotionally focused therapy, psychodynamic/developmental, and polyvagal theories. This case study will show how the couple relationship has been built by such factors as individual differentiation, physiology, couple history, cultural and family of origin experience. The couple manifests unhealthy ambivalence, over activity and attachment issues. Can this couple overcome such obstacles?

### ***Who should attend?***

The case conference is extended to members of the Washington Baltimore Center for Psychoanalysis and the Contemporary Freudian Society. We also welcome psychoanalysts, psychiatrists, psychologists, social workers, licensed counselors, mental health students, and other mental health providers from the Washington Baltimore metropolitan area interested in psychoanalytic theory, practice and perspectives.

### ***Purpose of the Case Conference:***

- Inform clinicians working with a range of client populations.
- Promote peer interaction with therapists from a variety of clinical settings and mental health disciplines in the community.
- Provide a way to reach those in the Washington mental health community who are seeking opportunities to learn from and with experienced peers.

### ***Objectives of the Case Conference: Participants will be able to:***

1. Identify three concepts that describe the couple's process.
2. Name two hypotheses explaining how introjects move the couple's interactions.
3. List three goals for treatment if you were the therapist.

### ***Format of the Case Conference:***

- A prepared psychotherapeutic or psychoanalytic case will be presented and discussed from a variety of theoretical points of view.
- A question and answer period will follow the case presentation.

### **Statement on Confidentiality**

The Washington Baltimore Center for Psychoanalysis is committed to ensuring the confidentiality of all clinical information and material related to patients and treatment.

To that end:

- I agree to follow the WBCP policy to maintain ethical and professional standards to ensure confidentiality
- I will not discuss or convey outside of the program any clinical material, nor record said material.
- I will maintain a secure environment so that only I will be privy to the presentation.
- If I suspect that I recognize the identity of the patient(s), I will leave immediately

### **References:**

1. Greenberg, Leslie S., (2015) Emotion-Focused Therapy, American Psychological Association, Washington, DC. <https://doi.org/10.1037/0000144-003>

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2. Porges, Stephen, (2011) *The Polyvagal Theory*, WW Norton, NY  
<https://doi.org/10.3280/ijm2016-001003>
3. Shaver, P.R. (2005). Attachment Theory and Research: Resurrection of the Psychodynamic approach to Personality, *Journal of Research in Personality*, 39, 22-45.  
<https://doi.org/10.1016/j.jrp.2004.09.002>
4. Brown, Brene, (2017) *Braving the Wilderness*, Random House, NY.
5. Dicks, Henry, *Marital Tensions*, 1967. Basic Books, New York.

**Registration:** Pre-registration is required via WBCP website -[www.wbcp.org](http://www.wbcp.org). For registration assistance, contact the WBCP at 301-470-3635 / 410-792-8060 / 202-237-1854 or ([admin@wbcp.org](mailto:admin@wbcp.org))

**Registration deadline: Wednesday, May 12, 2021**

**Tuition Rates: single conference**

**CME/CE Credit**

- Members of sponsoring organizations – (WBCP and CFS)  
\$45 (2 CME/CE credits)
- Non-Members  
\$60 (2 CME/CE credits)
- WBCP students (PSP students and Institute candidates)  
No Charge (2 CME/CE credits)
- Other students (Non WBCP students)  
\$22 (2 CME/CE credits)

**ALL FEES ARE NON-REFUNDABLE**

***CE Information:***

**Continuing Medical Education** – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

**Continuing Education – Social Workers** – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units. (Please note the Leon Levin Psychoanalytic Film Series and Psychoanalytic Takes on the Cinema qualify for Category 2 continuing education units.)

**Continuing Education – Psychologists** – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

**Licensed Professional Counselors** – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia.

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