



Washington Baltimore Center
for Psychoanalysis, Inc.

2020 Stacia I. Super Memorial Ethics Conference

Ethical and Clinical Issues Regarding Self Disclosure and
Non-Disclosure on the Analyst's Part

**Sunday, December 6, 2020
1:00 – 4:00pm**

via Zoom

Presenter: Aisha Abbasi, MD

Discussant: Kerry Malawista, PhD

3 CME/CE Credits

Presentation: We know that significant events occur in every analyst's life. Some may never directly affect the analyses we're conducting and others might enter our work indirectly. Still other events could directly impact the frame of an analytic treatment, compelling us to decide how to best deal with "telling" or "not telling" our patients about what has caused, what is causing, or what will cause disruption in the analysis. Dr. Aisha Abbasi will describe the ethical and clinical considerations involved in the decision to share or not share certain information with patients.

Presenter: Aisha Abbasi, MD, is a Training and Supervising Analyst at The Michigan Psychoanalytic Institute. She is the author of a book "The Rupture of Serenity: External Intrusions and Psychoanalytic Technique" and the co-editor (with Dr. Salman Akhtar) of a book "Privacy: Developmental, Cultural, and Clinical Realms." In her analytic papers and presentations, her focus is mainly on the challenges and nuances of psychoanalytic clinical technique. She is the President of GSPP (Group for the Study of the Psychoanalytic Process) a private group of sixteen analysts from many different parts of the USA and Canada, who meet for three days twice a year and discuss several hours of process material from one analytic case. Dr Abbasi regularly teaches and offers clinical consultations both nationally and internationally, and is a recent recipient of The Master Teacher Award from APsaA. She is licensed to practice both in Michigan and Florida, is a member of the Tampa Bay Psychoanalytic Society, and in addition to her clinical work in Michigan, she sees some patients in Florida as well.

She has been an Associate Editor of JAPA, and is a member of the Board of Directors of The Psychoanalytic Quarterly. Dr Abbasi is also a published poet in her mother tongue, Urdu.

Discussant Kerry L. Malawista, PhD, is a Training and Supervising Analyst at the Contemporary Freudian Society and co-chair of New Directions in Writing at the Washington Baltimore Center for Psychoanalysis. She is permanent faculty at the Contemporary Freudian Society and has taught at The George Washington University Psychology Doctoral Program, Virginia Commonwealth University and Smith College School of Social Work. She is the co-author of “Wearing My Tutu to Analysis and Other Stories” (2011) and co-author of “Who’s Behind the Couch” (2017) and co-editor, “The Therapist in Mourning: From the Faraway Nearby” (2013) and many professional chapters and articles. Her essays have appeared nationally in newspapers, magazines and literary journals including The New York Times, The Washington Post, Delmarva Review, Zone 3, Washingtonian Magazine, Voice, The Account Magazine, and The Huffington Post. She is in private practice in Potomac, MD and McLean, VA.

Learning Objectives: Upon completion of this conference participants will be able to:

- 1) Identify the challenges involved in trying to decide whether or not to share certain information with her patients.
- 2) Describe the fine tension between the patient’s curiosity about the analyst and the analyst’s wish for privacy.
- 3) Discuss the impact of the analyst’s own conflicts on her technique regarding answering questions/ sharing information, in the therapeutic setting.

Pre-registration is required via the WBCP website at

<https://www.wbcp.org/cgi/page.cgi/ evtcal.html?evt=559>

If you do not have an account on the WBCP website, you will need to create a “guest account” to register and view/print your CME/CE credit certificate after the seminar. To create a guest account, go to WBCP.org, hover over “Membership,” and choose “Guest Registration” from the drop-down list. For registration assistance, contact the WBCP staff at 301-470-3635/ 410-792-8060 / 202-237-1854 or admin@wbcp.org.

Registration:

\$70 WBCP Full Members (3 CME/CE credits)

\$100 Non-WBCP Members/ Other WBCP Membership Categories (3 CME/CE credits)

No-Fee: WBCP Students (3CME/CE credits)

\$35 Non-WBCP Students (3 CME/CE credits)

\$60 Fellows CE/CME (3 CME/CE credits)

No-Fee Fellows No CE/CME

Registration deadline: December 3, 2020

ALL FEES ARE NON-REFUNDABLE

References:

1. Abbasi, A. (2014). The Rupture of Serenity: External Intrusions and Psychoanalytic Technique. London: Karnac Books, Ltd.
2. Billow, R.M. (2000). Self-Disclosure and Psychoanalytic Meaning: A Psychoanalytic Fable. Psychoanalytic Review, 87: 61-79.
3. Crastnopol, M. (1997). Icoognito or Not? The Patient's Subjective Experience of the Analyst's Private Life. Psychoanalytic Dialogues, 7: 257-280.
<https://doi.org/10.1080/10481889709539180>

CE Information:

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

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