



Washington Baltimore Center
for Psychoanalysis, Inc.

Please join us as

Sarah Nettleton, M. A.

Presents

Christopher Bollas' Theory of Idiom, Self, and Character

Friday, October 18, 2019
6:30 – 8:30 pm (1.5 CME/CE)

**The George Washington University
Mount Vernon Campus
2100 Foxhall Road, NW
West Hall B- 108
Washington, DC 20007**

Visit www.wbcp.org

Please see reverse side for more information.

Presentation: Christopher Bollas' writings cover a wide field, including psychoanalytic theory, psychopathology and clinical technique. He has also applied his psychoanalytic thinking to areas such as literature, architecture, history, social anthropology and politics. This paper will focus on one aspect of his work, in which he puts under the microscope our ordinary experience as human beings. He defines three familiar terms in particular ways: 'idiom' is the irreducible, defining kernel of the individual; 'self' refers to the network of relationships that exists within our internal world; and 'character' involves what happens when the two selves meet. By exploring these three interrelated aspects, we hope to arrive at an enriched conceptual vocabulary with which to consider the nature of the human subjectivity that underlies all the phenomena we encounter in the consulting room.

Presenter: Sarah Nettleton is a psychoanalyst in private practice in London. Originally she studied music, working for many years as a piano accompanist, and for her Masters dissertation at the Tavistock Clinic she wrote on the psychodynamics of musical giftedness. For the past 15 years she has specialised

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in the work of Bollas, giving lectures and seminars on his work extensively in the UK and in Norway, Israel, France, America, Turkey, Mexico, Germany, Ukraine, Italy and India. Her book *The Metapsychology of Christopher Bollas: An Introduction* was published by Routledge in 2016.

Who should attend? *Mental health professionals and scholars.*

Purpose of the presentation: *To add a conceptual richness to terms that tend to be taken for granted, which may then help illuminate what happens in ourselves and in our clinical work.*

Objectives of the presentation: *Participants will be able to define and explain the concepts of idiom, self, and character with respect to themselves and also to their patients.*

Format of the presentation: *Lecture followed by a Q & A session.*

Registration: Pre-registration is required via WBCP website - www.wbcp.org. For registration assistance, contact the WBCP at 301-470-3635/ 410-792-8060 / 202-237-1854 or (admin@wbcp.org)

Registration deadline: Thursday, October 17, 2019

Registration Fee

Members/WBCP and CFS Candidates/Students/Non-Members/Guests \$30.00

ALL FEES ARE NON-REFUNDABLE

CE Information:

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

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